

## CDS Monarch Children, Teen & Young Adult Recreation Program:

The **CHILDREN / TEEN / YOUNG ADULT RECREATION PROGRAM'S** offer opportunities for individuals with developmental disabilities between ages 5-20 in a truly integrated setting. At the Wolf Life Transitions Center, they can utilize the therapy pool, creative arts studio, and media center, to name a few. In addition, there are also activities and special events offered to enhance community Integration.

**CHILDREN PROGRAM** for ages 5-12 runs Tuesday & Thursday 3:30-5:30pm and one Saturday a month from 10am-4pm with the exceptions of some evening events\*





**TEEN / YOUNG ADULT PROGRAM** for ages 13-20 runs Monday, Wednesday & Friday 3:30-5:30pm & 2 Saturdays a month from 10am-4pm with the exceptions of some evening events\*

**Contact Jennifer Smithers Office: (585)-347-1052 or Cell: (585)-797-8362**

**Email: Jennifer.Smithers@cdsmonarch.org**



Mon	Tue	Wed	Thu	Fri	Sat
2 Bowling @ AMF	3 Bowling @ AMF	4 Wii Day and Board Games	5 Swimming @ CDS	6 Webster Library & Snack @ Wendy's	7 Movies 10 & Lunch @ Red Robin Bring \$3 For Movie and \$ for Lunch 10:00-4:00
9 <b>NO REC</b>	10 St. Patrick's Day Craft	11 Dunkin Donuts Drinks & Bingo back @ CDS	12 Target, 5 Below & Shamrock Shakes @ McDonalds (Bring \$ for Snack)	13 St. Patrick's Day Craft	14 <b>NO REC</b>
16 Target, 5 Below & Shamrock Shakes @ McDonalds (Bring \$ for Snack)	17 St. Patrick's Day Scavenger Hunt	18 YMCA Game Room & Basketball	19 Ice Cream Sundaes & Movie @ CDS	20 Lollypop Farms Visit	21 Public Market & Rochester Science Museum Bring \$ for Food 10:00-4:00
23 <b>NO REC</b>	24 Lollypop Farms Visit	25 Ice Cream Sundaes & Movie @ CDS	26 Wii Day	27 <b>(NO REC)</b> St. Patrick's Day Dance 6:30-8:30 \$5 Fee 	28 <b>NO REC</b>
29 Swimming @ CDS	30 YMCA Game Room / Playground (weather permitting)	31 Shopping @ Eastview Mall			

### \*\*\*All programs require Pre-Registration\*\*\*

There are a limited number of spots available each day. If your loved one is interested in attending, please register with your Recreation Coordinator to ensure your reservation. If an appointment conflicts and your loved one will not be able to attend a day they are registered for please notify us ASAP so that we can offer the open spot to those on the waiting list. Staff will not hold spots for any participants as the programs are rapidly growing and there are many eager participants waiting to attend. If your loved one is told they cannot attend this is due to either too many participants signed up or someone that does not come to recreation needs to be given a spot.